

# Movement



## FOR CHANGE

St Gabriel's  
SCHOOL

WALK. RUN. RIDE. ROLL. DANCE.



CREATING OPPORTUNITIES FOR OUR  
STUDENTS WITH SPECIAL NEEDS,  
AND CHANGING THE  
WAY PEOPLE SEE  
DISABILITIES.



St Gabriel's School  
EXCELLENCE IN SPECIAL EDUCATION K-12



# What is Movement for Change?

## It's getting active - physically and socially!

As a school for children with special needs, our core focus is enriching the lives of our students, and enabling them the same opportunities afforded everyone their age, in school and in the community. From K-12, our programs cover social skills, life skills, financial literacy and vocational education and training.

**We want to make a difference in the lives of our students and we know that to do that we also need to make a difference in the world they live in.**

## Did you know?

- Every two hours, an Australian child will be diagnosed with an intellectual disability.
- An estimated 1 in 10 school students in Australia have a disability, and almost 1 in 18 have severe or profound disability.
- Almost 1 in 10 Australians with disability have experienced discrimination or unfair treatment because of their disability.
- Four out of every 5 children with a disability attending school (aged 5-14 years) faced an educational restriction.
- Of all children with disability aged 5-17 years, only 57% had been involved in sport in the past 12 months.
- The unemployment rate is 4.6% for people without a disability, but 10.3% for people with a disability and 34.1% for people with autism spectrum disorders.
- Workforce participation for people with disability is 53.4%, compared to 84.1% of people the same age without disability.
- Nearly half (45.2%) of all employed people with disability reported that they had experienced unfair treatment or discrimination from their employer due to their disability in the past 12 months.

**Taking part in **Movement for Change** will help fund our programs, giving our students opportunities and will get more people talking so we can change the way people see disabilities and kick these kinds of statistics to the curb.**





## | How to join in

### Sign up.

Register as an individual, or register your organisation, school, team or group online at [stgabriels.nsw.edu.au/movement](https://stgabriels.nsw.edu.au/movement)

Set up your fundraiser page, where people can donate.

### Set a date and goal.

Set a date for your school, organisation or workplace to take part in **Movement for Change**. You could do a weekly fitness class for the month, a set km walk together one lunchtime or afternoon, or even a Friday afternoon dance off! Alternatively, you could do a set amount of hours/kms/steps daily and in your own time - whatever works for you.

The official **Movement for Change** day is **Thursday the 31st August**, but you can do it any time between now the end of August.

### Get moving. Make some change.

Share your page and ask people to **spare some change** for what you're doing.

Get moving! Walk, run, ride, roll, dance. Get active and have fun. **Don't forget to tell people why what you're doing is important.**

If you want to show us your moves, you can tag us on social and use the hashtag **#gabesmovementforchange**

# | About St Gabriel's School

## Excellence in Special Education K-12

St Gabriel's caters to students who have a mild to moderate intellectual disability, as well as students who are deaf or hard of hearing; blind or have low vision; have Autism and other disabilities.

We offer core primary and secondary education, including numeracy and literacy, as well as subjects to develop social skills and communication. St Gabriel's deliver tailored curriculum in a purpose-built environment that enables the most positive outcomes for our students.

Our dedicated and professional staff work in partnership with our students, their families, and allied health professionals to get the best outcomes for the students' education and wellbeing.

We are a Catholic school in the Edmund Rice tradition, and warmly welcome people of all faiths. We embrace diversity and inclusion. It's part of our DNA.





Our vision is to enrich the **hearts and minds** of young people with special needs for **active participation in their community.**

## Our Mission

With a wholistic and innovative approach to education from K to 12, our mission is to nurture independence in our students and establish skills to enable enriched lives, including post-school employment and community participation. Our broader aim is to foster acceptance of people with disabilities by the community through the success of our graduates and programs.





**Our school motto is 'Nurturing Independence, Transforming Lives'.**



*Nurturing Independence.*

*Transforming Lives*

### Let's Stay Connected

-  [stgabriels.nsw.edu.au](http://stgabriels.nsw.edu.au)
-  [facebook.com/stgabrielsschoolcastlehill](https://facebook.com/stgabrielsschoolcastlehill)
-  [@stgabrielsschoolcastlehill](https://@stgabrielsschoolcastlehill)
-  [linkedin.com/company/stgabrielsschoolcastlehill/](https://linkedin.com/company/stgabrielsschoolcastlehill/)



### Marketing and Fundraising

Sarah Stevens



02-9634-2367



[stgabriels.nsw.edu.au](http://stgabriels.nsw.edu.au)



[stevens01@stgabriels.nsw.edu.au](mailto:stevens01@stgabriels.nsw.edu.au)